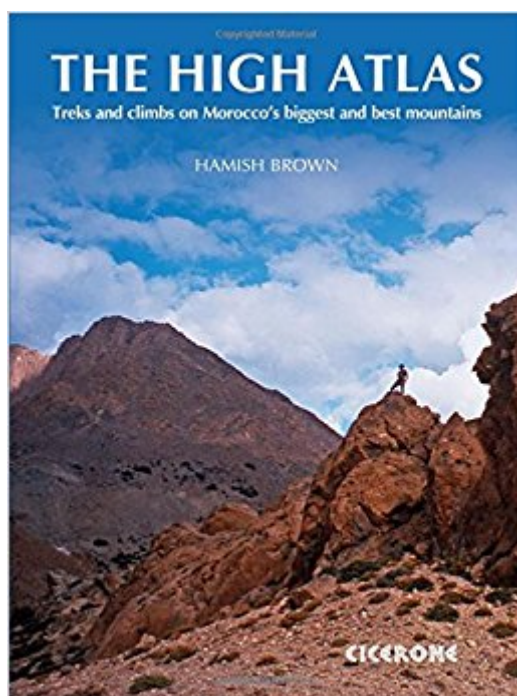


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# The High Atlas: Treks And Climbs On Morocco's Biggest And Best Mountains



## Synopsis

This guide is an inspirational first-hand (and foot) account of the challenges of Morocco's High Atlas mountain range. Detailing how treks and climbs can be completed, it is a mix of the renowned author's reminiscences and descriptions of how best to tackle these mountains to find their most rewarding treks and climbs. Morocco's Atlas mountains form an extensive series of ranges across Africa's northwest and the High Atlas range contains the highest peaks of all, with endless tops of over 3000m and some of over 4000m. A few of the really big hills stand in serene isolation, so isolated that they can have their own distinct plantlife. Travelling through the valleys is every bit as important as success on the mountains. Trekking through the range or reaching the summits are great achievements but the High Atlas experience is fundamentally enhanced by the people of the valleys and village life. Berber tribes have lived in the valleys for thousands of years and local people and culture provide just as many memorable experiences as reaching the surrounding summits.

## Book Information

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## Customer Reviews

Hamish Brown is a writer, lecturer and photographer who has written or edited over 20 books. He has spent several months every year in Morocco since 1965 and can count over 50 visits. Hamish has led hundreds of treks in the Atlas mountains and climbed all the best summits many times, culminating in a 96-day end-to-end trek of the Atlas.

If you enjoy trekking and walks in the wilderness, then "The High Atlas" invites you to explore a new,

not often celebrated world. As simply put by the author, Morocco is one of the world's most rewarding lands for mountain activities. The book presents a well-organized overview of the Atlas mountains. The author has extensive trekking and writing experience from all over the world, but the Atlas range is one of his most beloved regions. This is where he began trekking in 1965 with over 50 visits since, including a journey from one end of the Atlas to the other in 96 days in 1995. The book begins with an introduction to trekking in the Atlas mountains, and then the bulk of the book gives descriptions of the author's own journeys; in total 48 treks are described. Route maps are included for each trek. At the end are five appendices - A: a glossary of universally used French and Berber words relevant to the subject matter; B: other potentially useful books; C: List of what to take D: Highest summits in the range E: Contact details of the author's own local guides (which could prove to be very useful). It is easy to read, informative, and includes plenty of photos. To the uninitiated, it opens a new world of snowy mountains in Africa to dream of exploring. For those who have already traveled there, it will surely give new ideas of places to visit and useful information on how to make it happen. The book reignites the allure of the wilderness, remoteness, exploration, seeing wildlife, and enjoying the sun and hospitality of the Berbers. If Kipling's everlasting whisper, "Something hidden. Go and find it. Go and look behind the Ranges - Something lost behind the Ranges. Lost and waiting for you. Go!" comes to you, then you will find this book to be a valuable guide. Recommended.

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